

Jefferson Memorial Forest

11311 Mitchell Hill Road
PO Box 467
Fairdale, KY
40118

502/368 5404

www.memorialforest.com

www.metro-parks.org

forest@louisvilleky.gov

parks@louisvilleky.gov

Welcome Center

Monday-Saturday

8:30 a.m.-4:30 p.m.

Sunday/Holidays

10 a.m. - 3 p.m.

Until further notice

The Welcome Center is your destination for maps, gift items, program reservations, camping reservations, permits and Forest information.

Directions

From I-65 south, take the Gene Snyder Parkway (I-265) west and exit at New Cut Road. Turn left, go about one mile, and turn right onto Mitchell Hill Road. Follow the signs to the Forest.

Mission Statement

The mission of Louisville Metro Parks is to create a City of Parks and enhance the quality of life for citizens of Louisville Metro by maintaining and acquiring attractive, vibrant parks and offering safe, diverse recreation programs, and protecting these lands and resources for future generations.

Black & Brown Faces in Louisville's Wild Places

In his book *Black & Brown Faces in America's Wild Places*, nature photographer, Dudley Edmondson, compiled the personal stories of twenty individuals of color, individuals who have devoted their lives to conservation or who, like many of us, have fulfilled their lives through their use and enjoyment of the outdoors. By sharing the stories of people passionate about nature he begins to dismantle myths associated with people of color in the outdoors, and more importantly, point the way to how we, collectively, can ensure that the next generation is prepared to protect and preserve our natural heritage not only as vocal users of the outdoors, but also as managers, scientists, artists, and conservationists. Continuing a theme from past issues of the Forest newsletter, we are happy to announce a number of our efforts to contribute to the expansion of outdoor opportunities for Louisville residents, particularly urban youth, who have had limited opportunities to experience places such as Jefferson Memorial Forest.

Our Louisville is Engaging Children Outdoors (ECHO) environmental education initiative currently provides the entire fourth grade at five JCPS elementary schools with multiple outdoor experiences and is in its sixth year. This partnership with the U.S. Forest Service has served over 1,500 kids since its inception. We are thrilled to announce that in 2013 we received a new national award from the U.S. Forest Service to expand ECHO to include an outdoor recreation component in 2014 that will provide out-of-school opportunities for participants from Metro Parks' 12 community centers. We hope to be able to leverage this seed money to continue the program in 2015 and beyond.

This new push to add out-of-school time opportunities to ECHO's existing in-school offerings is part of Metro Parks' strategy to expand nature-based opportunities in west Louisville. Towards that end, we are proud to announce that the National Park Service (NPS) recently awarded parks a planning assistance grant to develop a robust concept plan for nature-based recreation and education

infrastructure in west Louisville including a possible satellite stewardship center in Shawnee Park. The NPS award, through their Recreational Trails and Conservation Assistance Program, will result in a series of stakeholder and public outreach efforts beginning this spring and extending into late summer. Ultimately this West Louisville process will result in an actionable plan for creating opportunities such as boat access to the Ohio River, safe fishing locations, soft surface trails, and related programming such as an expansion of the ECHO program.

While these things will not happen quickly, we are steadily pushing to make them a reality. All along, we'll be helping the next generation of children write their own stories about their growing connections to Louisville wild spaces!

Bennett Knox, Parks Administrator





INTO THE FOREST

Families Outside X-ploring

Do you remember running through the woods? Catching animals in creeks and ponds? Making mud pies?

Following animal tracks in the snow? Metro Parks' Natural Areas staff is offering the FOX program for families to do these things at various locations

around the community - a time for you and your family to explore the outdoors and have fun, free of technology and the busy world we live in. Check the program calendar in this issue for all the dates!

Children today spend less time outdoors and more time playing with high tech gadgets indoors. Children are missing out on the benefits of outdoor play. Below is a list of benefits published in *The Sunday Times* by Marika Tabone.

Children that are in contact with nature:

- Score higher on tests of concentration and self-discipline;
- Show more advanced motor fitness, including coordination, balance and agility, and are sick less often;
- Are more imaginative and creative;
- Are less stressed;
- Are not generally engaged in bullying;
- Develop powers of observation and creativity, and a sense of peace and being at one with the world;
- Are more imaginative and curious;
- Have more positive feelings about each other;
- Are more socially interactive;
- Develop an affinity to, and love of, nature, along with a positive environmental ethic.

Please join us for a memorable experience!



Announcing ECHO REC

As was stressed in the cover article, we are continually looking for opportunities to interact with and provide nature-based programming to youth around the city. This year, thanks to a recently received award from the U.S. Forest Service, we will be expanding the Louisville ECHO program to provide out-of-school time opportunities to youth at Louisville Metro Parks' 12 community centers. Louisville ECHO has to date focused primarily on in-school environmental education. Through an educational grant called More Kids in the Woods, the program gets a nature-based recreational component: ECHO REC.

ECHO REC is weekly afterschool programming, Wednesday through Friday, allowing youth around 8 to 12 years old a fantastic experience, with exposure to the natural world through outdoor activities available at various centers during the year.



Activities will be offered at or near community centers and other sites around town, all at no charge. A number of public events will be available to centers, such as the annual Urban Canoe

Adventures in Shawnee and Riverview parks (October), The Great American Backyard Campout at JMF (June), Metro Parks' Fishing Derby (June), the Mayor's Fall Outdoor Adventure at JMF (October), and the Mayor's Hike, Bike, and Paddles held on Labor and Memorial Days.

A culminating trip to Red River Gorge in October will give a limited number of youth a unique chance to explore another gem of Kentucky, and let them compare and contrast the different natural settings.

The dates for the program are from April until the end of May, and resuming at the end of August until the end of October. Contact your center to find out when this fantastic programming will arrive near you.

Think You're Not "The Hiking Type"?

So you think you're not a hiker. Of course you love nature (who doesn't?), but you don't feel a kinship with those who gear up and brave the elements in the wilderness. No, you're not a hiker. Yet you've been walking nearly your entire life. It's so easy, you don't even think about it. Hiking is just walking outdoors - you can do it!

If you hesitate to hit the trails for any reason, we are here to help. Thanks to an outstanding crew of dedicated trail staff and volunteers we proudly boast some of the best maintained trails in the area. In addition, we are lucky enough to have two hiking groups regularly leading hikes within area natural areas.

Free guided hikes are offered on a monthly basis thanks to our innovative Natural Areas volunteers. Started three years ago as a way to provide safety in numbers for single hikers and beginners, the monthly hikes have grown in popularity to have a following of their own. Although the location, length and difficulty may vary each month, participants can expect a fun and educational time, as our trained volunteers guide the hike and offer nature discussion along the way. Free guided hikes are scheduled for the last Saturday of each month (November and December are the exceptions). Information is available on our website calendar, Facebook and in our Welcome Center.

In addition to our programmatic hikes, the Louisville Hiking Meetup group regularly hikes the Forest trails. Louisville Hiking Meetup is a common-interest group that welcomes anyone interested in joining them for hikes. You can visit their site, see where they are hiking next and sign up to join their group at www.meetup.com/louisvillehiking.

All hikes welcome everyone from beginners to experts. The only requirement is a love and respect for the outdoors and one another. So turn off that treadmill and come outside. The company is warm and welcoming, the views are amazing. You'll be glad you did!

Does your group have what it takes to make a difference in a Natural Areas park? Give us a call! We would love to coordinate a volunteer event especially for you. We have projects suitable for single-day service projects as well as Eagle Scouts. If you need a project, contact Volunteer Coordinator Sherry Wright at 380-1753 or at sherry.wright@louisvilleky.gov.



VOLUNTEER NEWS

Local Groups Say YES! to Volunteering

17 UPS supervisor trainees spent an August morning sprucing up our campground to prepare for the fall season. They laid tent pads with fresh gravel, spread mulch on bare areas, and trimmed low-hanging limbs from campsites and mow lines. They accomplished all this in a record-breaking four hours! Everyone is thankful for a job well done!

17 people x 4 hours = 68 hours

A team of 12 US Bank managers volunteered on the Louisville Loop for their team-building retreat. They painted the railing at the Portland Canal Overlook, staying past scheduled time to assure it was finished well. Their photos hit the Loop's Facebook page to a cacophony of thanks from the public!

12 people x 4.5 hours = 54 hours

First-year Bellarmine University students built a new trail in Waverly Park. They picked up trash, cut vegetation to create new trail, grubbed roots, and restored an area to close an old path. The completion of this work was anticipated by Waverly Park guests.

27 people x 3 hours = 81 hours

Beargrass Creek Greenway got a spruce up compliments of 16 members of the US Air Force at Ft. Knox. Participants spent a morning with our Land Management team removing non-native vines and understory shrubs and trimming limbs over the trail.

16 people x 3 hours = 48 hours

Ingram Micro Mobility sent us 10 hard-working employees for 3 days, to resurface two bridges on the Louisville Loop at Beargrass Creek Greenway.

30 people x 6.5 hours = 195 hours

UPS's Flight Planning Support Department spent 3 hours in our Tom Wallace section helping to remove invasive plants.

8 people x 3 hours = 24 hours

The research grove benefitted from the attentions of The American Chestnut Foundation, which spent a morning cleaning up the grove, pruning trees and providing advice to our volunteers.

5 people x 3 hours = 15 hours

The International Mountain Bike Association (IMBA) took a training class to Waverly Park for hands-on trail construction.

29 people x 3 hours = 87 hours

Volunteers from Downs Syndrome of Louisville spent a frosty November morning mulching a Forest historical cemetery.

13 people x 3 = 39 hours

Students Today, Leaders Forever from the University of Illinois sent 48 students to Waverly Park. These hard-working youth cleared trails of winter limbs and debris.

48 people x 3 hours = 144 hours

University of Michigan and Michigan State sent 48 Students Today, Leaders Forever members to us during alternate spring break. The youngsters spent a morning removing invasive plants in our campgrounds.

48 people x 3 hours = 144 hours

How do we measure the impact of caring groups such as these?

a. Total service hours = **899**

b. 899 hours divided by 40 =

22.5 weeks for a full-time employee!

c. 899 hours times \$22.14 = **\$19,903.86**

Each individual makes a group stronger. Each group makes a difference. Each event furthers the mission and makes our community stronger - please schedule your group's event today! Call 502/380-1753.



US Bank employees painted the Portland Canal Overlook

Ingram Mobility employees were all smiles at the Beargrass Creek Greenway bridge project



Public Program Calendar: March to July

The Forest offers programs for all ages. For more information visit our website at memorialforest.com or call the Welcome Center at 502/368-5404. Our staff will be happy to help make reservations, give directions to the program location, or provide a complete schedule of programs throughout the year. For all programs, please wear close-toed walking shoes and dress for the weather.

Reservations are required in advance. The Forest reserves the right to cancel, change or postpone program dates and venues, due to insufficient registration, conditions or weather. In such cases rain checks will be provided.

March

OUTDOOR SKILLS – ORIENTEERING I

Saturday, March 29, 9 a.m. to Noon

Map and landscape reading are skills every outdoor person needs to possess. This program equips participants with the skills necessary to read and interpret topographic maps and locate destinations. This in-field set of exercises is truly a hands-on learning experience. Ages 12 and up. Program meets in the Horine Reservation. Fee \$10 Per Person/ Per Class- Preregistration is required Minimum number of participants-5 Max-15

NIGHT CLIMBING

Friday, March 21, 7 to 10 p.m.

Challenge yourself on our 52 foot climbing tower... in the dark! Learn basic climbing and belaying techniques and gain self-esteem, confidence and problem-solving skills while tackling this "high-altitude" obstacle course at night! This program is for ages 10 and up. (A parent or legal guardian must accompany any participant under the age of 18.) Please wear tennis shoes and long pants or shorts (with inseam greater than 5 inches.) Headlamp provided, or bring your own! Program will meet in the Horine Section of Jefferson Memorial Forest. All participants must preregister and pre-pay before day of course through the Welcome Center (no registrations day of course.) Preregistration required. Fee: \$10/person

FREE GUIDED NIGHT HIKE

Saturday, March 29, 8 p.m.

CORAL RIDGE LOOP, 2.5 MILES

Easy to moderate

Join our Volunteer Naturalists on a moonless night hike. Meet in the Paul Yost Recreation Area parking lot.

April

ARCHERY

Saturday, April 5, 9 a.m. to Noon

Learn how to shoot a bow and arrow within minutes. This program is for all physical ability levels. All equipment is provided. Children 8 and over are welcome and must be accompanied by a parent or guardian. Preregistration required. Fee: \$10/person Minimum number of shooters- 7 Max-20

RIVER CANOEING CLASS

Saturday, April 12, 1 to 5 p.m.

Love canoeing? Love rivers? So does Jefferson Memorial Forest! That's why we're offering a basic 4 hour class in river canoeing! Course will cover basics of boat control and paddle strokes for moving water, and how to prepare for a safe day on the river. Participants must be age 12 and up, able to swim confidently, and comfortably sit in and paddle a canoe in slow moving water. (Parent or legal guardian must accompany any participant under age 18.) All equipment is provided. Dress to get wet and wear shoes that will stay on your feet (NO FLIP FLOPS!) All participants must preregister and pre-pay before day of course through the Welcome Center (no registrations day of course.) No cancellations less than 72 hours before course start. 10 participants max. Canoe programs are subject to change of date or venue due to water conditions and weather. Preregistration required. Fee: \$15/person

FOX:

FAMILIES OUTSIDE X-PLORING

Saturday, April 19, 9 a.m. to 11:30 a.m.

SPRING IN WAVERLY PARK

Get your Family Outside X-ploring a different Metro Park each season. Throughout the year, a Naturalist will guide your family on an exploration in forests,

fields, lakes and ponds. Hike, search for tracks, build forts, catch pond critters, get muddy, play in leaves, and take a break from technology. This is a great opportunity to experience nature with your children. Bring water bottles and a snack, and dress for the weather. We will be outside the whole time. Warning: You will get dirt on your shirt! Meets at the playground parking lot. Preregistration required. Fee: \$8/Family

FREE GUIDED HIKE

Saturday, April 26, 9 a.m.

SCOTT'S GAP, 3.3 MILES

Moderate to strenuous

Hike the lovely Scott's Gap with our Volunteer Naturalists. Meet in the Scott's Gap parking area.

May

INTERMEDIATE ARCHERY

Saturday May 10th, 9 a.m. to Noon

Want to sharpen those archery skills further? This class is for participants who have taken the basic archery skills course and those who have some archery experience. This class will focus on the finer point of archery such as shooting form and accuracy. All Equipment is provided or feel free to bring your own. Program meets in the Horine Reservation. Ages 8 and up. Fee \$10 Per Person/ per Class- Preregistration is required Minimum number of shooters- 7 Max-30

MOTHER'S DAY WOODLAND TEA PARTY

Saturday, May 10, 9 a.m. to Noon

Spend Mother's Day enjoying tea and treats in the beautiful setting of the Forest. A variety of woodland themed baked goods and teas will be served under the trees. Enjoy a short wildflower hike, crafts, and



music. Preregistration required. Fee: \$20/person

TENTH ANNUAL FOREST FEST BLUEGRASS MUSIC FESTIVAL

Saturday, May 17, 11 a.m. to 7 p.m.

Come out for a great day filled with Bluegrass Music, exquisite wood crafts and fun activities for the entire family. Event is FREE – Parking - \$10

NIGHT CLIMBING

Saturday, May 24, 7 to 10 p.m.

Challenge yourself on our 52 foot climbing tower...in the dark! Learn basic climbing and belaying techniques and gain self-esteem, confidence and problem-solving skills while tackling this "high-altitude" obstacle course at night! This program is for ages 10 and up. (A parent or legal guardian must accompany any participant under the age of 18.) Please wear tennis shoes and long pants or shorts (with inseam greater than 5 inches.) Headlamp provided, or bring your own! Program will meet in the Horine Section of Jefferson Memorial Forest. All participants must preregister and pre-pay before day of course through the Welcome Center (no registrations day of course.) Preregistration required. Fee: \$10/person

FREE GUIDED HIKE

Saturday, May 31, 9 a.m.

SILTSTONE TRAIL: SCOTT'S GAP TO BEARCAMP RD AND BACK, 7.4 MILES

Strenuous

Hike the western half of the Siltstone Trail with the Volunteer Naturalists. Bring plenty of water and a lunch, as we'll be stopping at Bearcamp Road to eat before heading back to the parking area. Meet at Scott's Gap parking lot.

June

RIVER CANOEING CLASS

Saturday, April 12, 1 to 5 p.m.

Love canoeing? Love rivers? So does Jefferson Memorial Forest! That's why we're offering a basic 4 hour class in river canoeing! Course will cover basics of boat control and paddle strokes for moving water, and how to prepare for a safe day on the river. Participants must be age

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ALSO FEATURING:

AMERICAN DRIVE



NU-BLO



WHISKEY BENT VALLEY



METROPOLITAN PARKS AND RECREATION



Grill & Chill



W.F. Hardy Forestal House



Special thanks to Wayne Hays, Forest Councilperson, David Fowlie, Mike Blackwell, Vanessa Hailley, David Vase, Madison Flood, Janice Feller, Robin Engel, Kim Fleming, Tami Owens, Ann Rupp, Glee Stachel, Kelly Hunsford, Don Johnson and Jerry M Bar

District 13 Councilwoman Vicki Welch

presents

FOREST FEST '14

SATURDAY, MAY 17
10:30 A.M. - 7 P.M.

FREE EVENT!
PARKING \$10



Noam Pikelný & Stuart Duncan

Jefferson Memorial Forest
12304 Holsclaw Hill Road, Fairdale KY
For more information go to memorialforest.com or call 502/368-5404



LAND MANAGEMENT NOTES

12 and up, able to swim confidently, and comfortably sit in and paddle a canoe in slow moving water. (Parent or legal guardian must accompany any participant under age 18.)

All equipment is provided. Dress to get wet and wear shoes that will stay on your feet (NO FLIP FLOPS!) All participants must preregister and pre-pay before day of course through the Welcome Center (no registrations day of course.) No cancellations less than 72 hours before course start. 10 participants max. Canoe programs are subject to change of date or venue due to water conditions and weather. Preregistration required. Fee: \$15/person

FREE GUIDED HIKE

Saturday, June 28, 9 a.m.

RED TRAIL, 4.8 MILES

Moderate to strenuous

Volunteer Naturalists will lead this hike on the large loop trail in the Horine section. Meet in the Horine Reservation parking lot.

GREAT AMERICAN CAMPOUT

Saturday, June 28, Sunday, June 29

Since 2005, thousands of people from across the nation have come together the fourth Saturday of June to participate in the Great American Backyard Campout in support of Great Outdoors Month. The Campout not only raises awareness of the benefits of camping as a way to connect people with nature, but it also reinforces National Wildlife Federation's Be Out There campaign. This event is an easy way for friends, families and children to connect with nature, sleep under the stars and create memories of outdoor experiences. Jefferson Memorial Forest wants to host the biggest campout ever! More information forthcoming. Preregistration required; call 502.368.5404.

July

FREE GUIDED HIKE

Saturday, July 26, 8 a.m.*

WAVERLY FRESH AIR LOOP, 3.0 MILES

Easy to moderate

Check out Waverly Park in the company of our Volunteer Naturalists! Meet in the playground parking lot in Waverly Park.

*Time changed to 8 a.m. to avoid afternoon heat for the summer hikes.

Margie Jones, Diana Howlett, Mandy VanMeter, and Marley Allen clipping in a winter wonderland



Multiflora Rose Removal Work

What a winter we had this year! Our Land Management crew and volunteers are a hearty bunch, though. We continued on our mission to keep trails clear and move forward with restoration work within our natural areas. In February, we had a dedicated group of Land Steward volunteers and seasonal staff clipping invasive shrubs and vines following the lingering ice storm.

One of the interesting things we learned was that it is easier to clip down Multiflora Rose (*Rosa multiflora*) when it is glazed in ice. Multiflora Rose is well known among our crew for fighting back by grabbing clothes and sometimes skin while clipping it! The ice coating over the spines was welcome and extra weight on stems caused them to fall flat on the ground. Multiflora is native to Asia and was introduced in this country as wildlife food and promoted as a living fence on agricultural lands. Left uncontrolled, it takes over an area, forming dense thickets of thorny branches. It thrives in fields and woodland edges where it gets extra sunlight.

One of the main ways we remove Multiflora is to clip it into small pieces and leave it to decay on the forest floor. In about a year we return to treat new sprouts with glyphosate. Roundup is one of several brand names for glyphosate and it usually kills Multiflora roots and all.

LG&E Plant for the Planet Trees for Caperton Swamp

We are pleased to announce that the Natural Areas Division has received another LG&E Plant for the Planet grant this year. This generous funding will be used to purchase 700 native trees for continuing woodland restoration work

at Caperton Swamp. Plant for the Planet is focused on the importance of trees in our world and the proper placement of trees in the areas we live. This "Right Tree, Right Place" philosophy is 'Right' on target, since a tree planted in the wrong location is not going to thrive or provide the long term benefits of a tree properly located and cared for. As with the two previous grants we received, we will provide an educational component by having a fourth grade class from one of our ECHO

(Engaging Children Outdoors) partner schools plant this fall.



Trail Updates

In November we completed a sustainably-designed half mile hiking trail in Waverly Park called the Playground Loop Trail. It begins at the playground parking lot and will provide environmental educational opportunities for children and families. It has gentle grades, following the contours of the land and allowing people of most abilities to enjoy the woodlands of Waverly Park.

Interpretive points will be added along the route and will include information on plants, animals and habitats. Creek crossings will serve as interpretive locations along the route. For three of the crossings, we are seeking Eagle Scout candidates to replace temporary bridges with laminated stringer bridges we first used on the Yost Ridge Trail.

Continued on back page



FOREST SUMMER CAMPS

Summer Adventures

Each Forest summer camp provides children an immersion experience in the natural world. They take on the roles of naturalist, scientist, and explorer as they discover new things about the forest, and the creatures that inhabit it. By combining educational activities and learning experiences with traditional summer camp fun, your child has an educational adventure they will remember for a lifetime.

Camp activities include nature study, crafts, science experiments, games, journaling, hikes and animal contact with the Forest's education animals. Each session runs for one week.

Each day begins promptly at 9 a.m. and ends at 4 p.m. Drop-off and pick-up will be at the Environmental Education Center in the Horine Reservation of Jefferson Memorial Forest. Each of these camps are for ages 7 to 12. Special camps for teens ages 13 to 15, and youngsters ages 5 to 6 are also offered.

Shuttle Service Available

Shuttle service will be offered from the side parking lot of the Louisville Tennis Center at Joe Creason Park, across from the Louisville Zoo. Parents can purchase a shuttle pass for \$30 that provides their child transportation to and from Jefferson Memorial Forest for the week.

This service is limited, so make your reservation early. This service is for ages 7 to 15. Drop-off for campers riding the shuttle is at 8:30 a.m. and pick-up is at 4:30 p.m.

Payment Options and Refunds

Price includes all camp supplies, and field trip admission. Registration forms can be mailed with check or credit card information to Jefferson Memorial Forest, P O Box 467, Fairdale, KY 40118. Reservations cannot be made over the phone. Make checks payable to Jefferson Memorial Forest. Include the session dates your child is attending on the check. Refunds, less a \$25 processing fee, are given only if a cancellation is made in writing at least 2 weeks prior to the first day of camp. If a camp is filled or cancelled, a full refund will be made to you. All camps are subject to maximum and minimum enrollment requirements.

Adventure Camp

Ages 7 to 12

Is your child an adventurer, ready to explore what's around the next bend in the trail? If so, then Adventure Camp is just what your child needs! Campers explore the trails deep in the forest, climb our alpine tower, and learn orienteering, archery, and survival skills. Dates: June 23–27 and August 4–8

Water Wonders

Ages 7 to 12

Discover the exciting world within a pond, lake, stream and river. Campers explore a lake by canoe, play in a flowing creek, and hike through a forest to a winding stream. Personal Floatation Devices are provided to each camper and trained staff accompany the campers in a 1:3 ratio for our canoe excursions. Parents are welcome to join their child for canoeing field trips. Dates: July 21–25



Animal Adventures

Ages 7-12

Do your children love animals? Campers explore and search for signs of animals in a variety of habitats and meet our forest education animals up close. What animals live in Kentucky? Find out and discover more about our native animals in the Forest. Dates: June 16–20

Nature Camp at Locust Grove

Drop-off at Locust Grove: 9 a.m. Pick-up: 4 p.m.

Ages 7-12

Travel back in time more than 200 years to discover nature and people through Locust Grove. Track native wild animals, experience Native American hunting and survival techniques, and discover life in the 18th century for the



first European settlers and Native Americans. This hands-on nature camp will take kids on an adventure back in time!

PLEASE NOTE: Drop off and pick up will take place at Locust Grove. There will be no shuttle service for this session. Dates: July 7–11

ECO Extreme

Ages 13 to 15

Prepare yourself for adventure on a whole new level! This is THE camp that sets itself apart from other camps! From rappelling next to a waterfall to camping out under the stars on an overnight trip, you're sure to get your dose of extreme adventure at ECO X Camp, all while learning backcountry cooking, canoeing techniques, Leave No Trace Skills, and more. Dates: July 14–18

Fairies, Trolls and Gnomes

Ages 6 to 9

Enter a magical, hidden world in the Forest, where creatures of the imagination live. Campers use their imagination and natural materials to create an enchanted land where anything is possible, while learning about the plants and animals of the forest. Dates: July 14–18

NEW! Junior Explorers at Cherokee Park

Half day, Ages 5 and 6

Drop-off at Big Rock Park 9 a.m. Pick-up at Big Rock Park 12 p.m.

Search for animal tracks, discover the fascinating world of insects and hike the trails! Through stories, crafts and hands-on activities your child will make discoveries about the variety of habitats and the animals living in Cherokee Park. Come explore! Junior Explorers will take place at Cherokee Park at Big Rock. Please meet at the Big Rock Shelter.

PLEASE NOTE: No shuttle service is offered for this camp. Dates: June 30–July 3

Art in Nature with the Louisville Metro Arts Center

For children entering grades 3 through 5

Get a different perspective on the natural world! A new hands-on, get-out there camp introduces an exciting partnership between the Louisville Metro Arts Center and Jefferson Memorial Forest. Combining art instruction by Metro Arts Staff and outdoor activities with JMF staff, campers learn how to see the natural world in different ways while learning new art techniques. Dates: July 28–August 1

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web • memorialforest.com

PSRT STD
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Permit #1151



**METRO PARKS
AND RECREATION**

Greg Fischer, Mayor
Louisville Metro Council

Like the Forest
on Facebook:
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Metro Parks
www.metro-parks.org
Forest/Parks Natural Areas Staff

Bonnie Knox
Parks Administrator

Rebecca Minick
Public Education Manager

Brian Lewis
Land Manager

Sherry Whiting
Education Coordinator

Larry Hilton
Maintenance/Trails Supervisor

Andrea Clark
Welcome Center/Reservations

Walt Daudiler
Naturalist/Programs

Janey Waddell
Maintenance Supervisor

Chris Whidmer
Naturalist/Programs

Pam Zbar
Reservations/Programs



Waverly Park Playground Loop Trail

And...

Yet another trail improvement project in Waverly Park is well underway. Land Management staff and the Kentucky Mountain Bike Association have been working to realign the Fresh Air Loop near the park entrance. When finished, the new alignment will be a more sustainable for mountain biking, be more consistent with the rest of the Fresh Air Loop, and be more fun to ride! Much of the work has been taking place on the portion of that trail south of the entry road near Arnoldtown Rd. We hope to be able to announce the completion of this realignment this year. Keep your fingers crossed for good weather.



Next time you are at the Forest, stop by and say hello to our newest friendly face. Andrea Clark is coordinator of customer service activities at the Welcome Center. She replaces Gina Tate, who wanted fewer birds and more bands and joined the Iroquois Amphitheater (just kidding Gina, we love you!). Andrea started in September and we are excited about the skills she brings from having been a small business proprietor and administrative assistant in private industry. Andrea comes to the Forest “naturally,” having supported her now-grown kids through their scouting years.